

# School Based Mental Health Services Referral Form

Please fax to (Mandy Sommers)

(310 313 7652)

School Site: Brockton Elementary Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Referral: \_\_\_\_/\_\_\_\_/\_\_\_\_

Referred by (Name & Title): \_\_\_\_\_ Phone Number: \_\_\_\_\_

Name of Student: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ M \_\_\_ F \_\_\_ Medi Cal #: \_\_\_\_\_

Parent/Legal Guardian/Child's Attorney: \_\_\_\_\_

Home #: \_\_\_\_\_ Work/Alternative #: \_\_\_\_\_

Student Language: \_\_\_\_\_ Parent Language: \_\_\_\_\_

Address: \_\_\_\_\_

REASON FOR REFERRAL: \_\_\_\_\_

*Please check any of the following that apply*

**Risk Factor (Current or Past history of the following behaviors):** \*If any of these highlighted behaviors are currently being displayed, please alert your school crisis team immediately.

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Suicidal Ideation*   | <input type="checkbox"/> Homicidal Ideation* | <input type="checkbox"/> Drugs/Alcohol Concern |
| <input type="checkbox"/> Sexual Abuse*        | <input type="checkbox"/> Runaway Behavior    | <input type="checkbox"/> Hallucinations        |
| <input type="checkbox"/> Child Abuse/Neglect* | <input type="checkbox"/> Community Violence  |  |

Actions taken by school prior to initiating a service request:

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Class modification | <input type="checkbox"/> Parent conference | <input type="checkbox"/> Impact Referral       | <input type="checkbox"/> DIS counseling      |
| <input type="checkbox"/> Study Team         | <input type="checkbox"/> Suspension        | <input type="checkbox"/> IEP                   | <input type="checkbox"/> Resource Specialist |
| <input type="checkbox"/> Contract Behavior  | <input type="checkbox"/> Detention         | <input type="checkbox"/> Previous MH Referrals |  |

### School Performance

- failing grades
- doesn't complete assignments
- lacks motivation/uninterested in school
- frequent tardiness
- reading below grade level
- oral/written skills below grade level
- defiant of rules
- attention problems
- school adjustment problems

### Behavior

- isolates
- anxious/nervous
- withdrawn/shy
- shuts down
- defiant towards authority
- aggressive/destructive
- temper tantrums
- gang affiliation
- hyperactive/impulsive

### Behaviors

- self harm/cutting
- cheats/steals
- sadness/depression/tearful
- easily angered
- sexualized behavior
- speech problems
- frequent daydreaming
- blames other for their problems
- impaired social skills

### Home Environment

- unstable/overcrowded living conditions
- cares for younger sibling's
- problems with sibling's
- inappropriate/inconsistent discipline
- death/loss of significant other
- divorce/separation
- not living biological family
- family violence/domestic violence

### Medical/Physical

- poor personal hygiene
- sleeps in class
- frequent trips to the nurse/somatic complaints
- dental needs
- vision needs
- known medical problems
- wet/soils self
- other: \_\_\_\_\_

Parent response to referral: Interested/Unsure \_\_\_\_\_

INFORMED CONSENT FOR PROVIDER CONTACT

Date: \_\_\_\_\_

I hereby authorize \_\_\_\_\_ school to disclose contact information regarding  
School Name

\_\_\_\_\_, date of birth \_\_\_\_\_, This information is being given  
Student Name

to assist my child to obtain mental health services by **The Help Group-Outpatient Department**.

Provider is not a part of the regular and ongoing program of the school or the Los Angeles Unified School District. This service is made available at the school/site for my convenience to obtain mental health services for my child. *I understand that the Los Angeles Unified school District does not assume responsibility for the services provided by the Provider nor for fees that may be charged.*

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

CONSENTIMIENTO PARA INTERCAMBIAR INFORMACIÓN

Fecha: \_\_\_\_\_

Yo autorizo que \_\_\_\_\_ de información referente a \_\_\_\_\_,  
Nombre de escuela Nombre de estudiante

\_\_\_\_\_. Esta información será dada solo para ayudar a mi hijo(a) obtener servicios de salud  
mental por **The Help Group-Outpatient Department**.

*Yo entiendo que este programa no esta asociado con LAUSD. La escuela provee el espacio para este programa como un servicio comunitario. LAUSD no es responsable por ningún pago que tal vez sea requerido.*

Please **initial** if verbal consent was given \_\_\_\_\_

Please Fax to (Mandy Sommers)  
310-751-1178 Direct Line  
310-515-7652 Fax Number